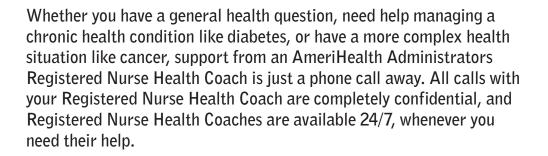
Make the call and talk to your designated Registered Nurse Health Coach



What is a Registered Nurse Health Coach

You can call a Registered Nurse Health Coach to discuss health concerns and get the help and support you need to reach your health goals. Registered Nurse Health Coaches are available 24/7, and all calls are completely confidential. Registered Nurse Health Coaches may also call you to offer you help.

How can a Registered Nurse Health Coach help?

Your designated Registered Nurse Health Coach can help you:

- Manage a chronic condition like asthma, diabetes, or heart disease
- Cope with a serious illness, like cancer or a stroke
- Prepare and coordinate services for a planned admission or procedure
- Review your doctor's discharge instructions with you
- Answer questions related to health issues treatment instructions, tests, or procedures
- Understand your medications, and why and how to take them
- Work with you and your doctor to address health concerns

Stay on top of personal health information, screening reminders, health tips, and more!

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*This is a free and confidential service.

† Standard message and data rates may apply. Text STOP to stop and HELP for help. Notification messages within AHATPA Wire[™] are sent via automated SMS. Enrollment in AHATPA Wire[™] is not a requirement to purchase goods and services from AHATPA. By voluntarily giving AmeriHealth Administrators and affiliates my mobile phone number and/or e-mail

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Make the call today!

To connect with an available Registered Nurse Health Coach 24/7, call

1-800-952-3404.



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